

# JERSEY SPARTAN ATHLETICS CLUB FIXTURE LIST

FROM MAY TO DECEMBER 2010

<b>MAY</b> Friday 28	<b>SUNSET TROPHY at MONT ROSSIGNOL 6.30 pm BBQ after race, bring your own food and drink also the presentation of the SPAR ROAD RACE SERIES and the GRAEME LE MAISTRE CROSS COUNTRY prizes</b>
<b>JUNE</b> Sunday 6	<b>RACE FOR LIFE RACE/MEN'S WORLD CUP RUN</b>
Thursday 10	<b>DAPHNE WAGSTAFFE 5K MEMORIAL RACE/RUN from West Park at 6.30 p.m.</b>
Sunday 20	<b>GUERNSEY HALF</b>
<b>JULY</b> Thursday 1	<b>THE MIKE ROMERIL TROPHY, 2 laps from Queen's Valley, St Saviour's Hospital end, at 6.30 p.m.</b>
Thursday 8	<b>THE TRANSFER 2000 10K from West Park to St Aubin and back at 6.30 p.m.</b>
Tuesday 20	<b>JARDIN D'OLIVET 8K to just past the top of Bonne Nuit Hill and back 6.30 p.m. start</b>
<b>AUGUST</b> Friday 6	<b>LA PULENTE 10K (new course) 2 laps 6.30 pm start. Off to the pub across the road after the race.</b>
Sunday 22	<b>JAYSON LEE 10K from the F.B. Fields at 9 a.m. Pre-entry forms can be obtained from the Sports and Cycle Shops</b>
Tuesday 31	<b>SPAR ROAD RACE SERIES 5K (first in series) starts from Les Platons Car Park at 6.30 p.m.</b>
<b>SEPTEMBER</b> Saturday 4	<b>ALDERNEY HALF MARATHON</b>
Sunday 12	<b>HSBC Private Bank sponsored Spartan Autumn 10K from Gorey Village to Longbeach Car Park via St Catherine's, 9 a.m. Park in Longbeach Car Park</b>
<b>OCTOBER</b> Sunday 3	<b>JERSEY MARATHON</b>
Sunday 17	<b>THE DURELL DASH from the Zoo 9 a.m.</b>
Sunday 24	<b>MONT ROSSIGNOL GRAEME LE MAISTRE CROSS COUNTRY (first race of series) 9 a.m. (car parking opposite)</b>
<b>NOVEMBER</b> Sunday 7	<b>SPAR 10K ROAD RACE SERIES starts from Les Laveurs to La Braye turning inland and back to Jersey Pearl at 9 a.m.</b>
Sunday 21	<b>JERSEY SPARTAN ATHLETIC CLUB HALF MARATHON from the F.B. And back again starting at 9 a.m.</b>
<b>DECEMBER</b> Sunday 5	<b>GRAEME LE MAISTRE CROSS COUNTRY SERIES at Pont Marquet Park 9 a.m. start.</b>
Saturday 18	<b>BOULEY BAY HILL CLIMB 2.30 pm start</b>
Sunday 26	<b>BOXING DAY RACE/FUN RUN/FANCY DRESS at 10 a.m. Refreshments after race and the annual draw for the LONDON MARATHON CLUB PLACES for those who have been rejected from the draw.</b>